

# Feeding and Care Instructions for your New Puppy

**F**eed your puppy a minimum of twice a day for the first year. Feed as much as the puppy will consume in 15 minutes; pick up any food that is not eaten. Adjust the amount you feed so the puppy will be able to finish in 10-15 minutes or less (throw out the excess). This will enable the puppy to feel good when he finishes all his food; he is now learning correct eating habits.

Always feed the best quality dog food available. Your puppy has been raised on Perfect Health Diet (PHD) and you will receive a small starter bag when the puppy is shipped to you. You can order PHD by calling 1-800-320-7062. If you have questions, call that number and ask for Dr. Bruce DeBaun, a nutritionist. I highly recommend that you continue using PHD. It is so easy to obtain and can be delivered to your door by UPS. I have had very good results with my dogs of all ages. I also feed the puppies Hokamix-30 and Fast-track. These can be ordered from Naturmix at 1-800-825-1669. I also add 1 teaspoon of apple cider mixed in raw red meat.

A midday snack is a useful method of introducing supplements that may not be readily eaten with the regular meals. I take raw chopped beef, approximately the size and shape of a golf ball, and insert the supplements into the center. Most dogs will swallow this with no problem.

**Never** allow your puppy to eat or drink excessively before or after strenuous exercise. Of course, this rule applies throughout your dog's life.

Be **consistent** with your feeding habits: do not vary feeding times by more than an hour. **Always** provide fresh, clean water.

## Your puppy is currently on the following feeding schedule:

### Between 6am and 7am

Morning feeding: 1 cup dry food (PHD) moistened with milk (reconstituted powdered milk is preferable) to a wet consistency. Add to this 15% raw red beef, 1 teaspoon of apple cider vinegar, hokamix-30, Fast-track. If the puppy needs extra calcium, you can add 1 heaping tablespoon of cottage cheese. The puppy also receives one Pet-Tab vitamin with the morning feeding.

### Between 12pm and 1pm

Midday snack consisting of 1 large golf-ball sized meatball of raw beef, plus one tablespoon of cottage cheese

### Between 6pm and 7pm

Repeat morning meal, but omit Pet-Tab vitamin supplement.

*You should use cottage cheese for added calcium. Hokamix-30 is powdered herbs that aid in balancing the diet. Fast-track aids in digestion, eliminating gas and loose stools. Apple cider vinegar is an anti-oxidant that serves many purposes promoting good health. During the first 10 days of each month, add 1000 mg Vitamin C to aid in muscle and structural development.*

